AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

LISTING OF CLAIMS:

1.   (CANCELLED)

2.   (CURRENTLY AMENDED) ~~Protection element~~The method according to claim ~~1~~5 wherein the casing has at least two projections sticking out to the outside in the upward direction from each of the side walls for retaining said cable or conduit.

3.   (CURRENTLY AMENDED) ~~Protection element~~The method according to claim ~~1~~5 wherein the casing has a projection sticking out to the inside from each of the side walls in the side looking at the cable or conduit for retaining said conduit.

4.   (CURRENTLY AMENDED) ~~Protection element~~The method according to claim ~~1~~5 wherein the casing is made out of steel wire net wrapped with elastic foam material, hard plastic, hard gummy or metal.

5.   (CURRENTLY AMENDED)   A ~~M~~method for laying cables or conduits in a groove system created into solid ground, in which the cable or conduit is fitted first at the bottom of the groove, then a covering is laid over the full length of said cable or conduit and

~~finally~~ a filling compound is poured into the groove for sealing, wherein said covering ~~is a protection element according to claim 1~~<u>comprises at least one u-shaped protection element having the form of a three-walled casing with a top and two side walls, wherein the sidewalls comprise projections which are retaining said cable or conduit in said groove.</u>

6.   (CURRENTLY AMENDED) <u>A</u> ~~C~~<u>c</u>able layout, consisting of a conduit or cable system, wherein one or more cables or conduits are fitted in grooves which are located at the surface of ~~the~~ <u>a</u> laying foundation, wherein the ~~cable or conduit has a covering over it sustaining the groove filling compound, wherein said covering is a protection element according to claim 1~~<u>cable layout is layed in accordance with the method of claim 5</u>.